

leonardjacobson

you can awaken now

Mt Madonna 2015 - “Heaven On Earth Revealed” TOPICS

MMR 15 Part 1: Wednesday Evening Opening

Leonard begins this retreat speaking about the importance of Presence and how to be present. The retreat will include times in silence as a group, and Leonard distinguishes not speaking with that of a silent mind.

Other topics include:

- When truly present, you are a fully awakened being
- In the mind we each live in separate worlds
- Overview of the two-step teaching
- Now you're Here
- You re-emerge into the world from Presence
- Gratitude for being Here
- Speaking from Presence
- What you really want from this retreat
- The master lesson
- Not one thought we have is true
- The ego prevails in our unconscious world
- Arise as a master of your mind and ego
- The key to being present
- Attunement to Presence
- The present moment is allowing and
- A Prayer for the retreat

MMR 15 Part 2: Thursday Morning

Leonard begins by inviting questions and sharing.

Other topics include:

- A Prayer for the retreat
- There is no one here
- There must be something wrong with me
- Caught in my story
- The story is designed to eject you from it
- Feeling of terror
- Right relationship with the ego
- Friend feels jealous
- Blaming self for habits
- From shame to compassion
- Communicating from Presence
- Responsible expression of anger
- Presence will bring up whatever is in need of healing
- Priority given to Presence
- Fear of feeling love
- Ego's resistance to Presence
- The true master
- Ego's tricks and inner conflict
- Expression of shame and responsibility
- Inner work with mother
- Expression of judgment
- Lost in love in relationship
- The story belongs to the little girl and boy
- Balance of isolation and relating
- Caught in false power
- God is the silent Presence at the very heart of all things present
- God beholds God's Self through you
- Personal relationship with God at the center of your Being and
- Unconscious thoughts and limiting beliefs

MMR 15 Part 3: Thursday Afternoon

Leonard begins by inviting questions and sharing.

Other topics include:

- Death and rebirth
- Difficult journey around health issues
- Bringing mastery to mind and ego
- Right relationship with feelings
- Everything is an opportunity for awakening
- No opinion is true
- Finding your way out of the illusion
- True power
- The Power Cards
- A recipe for suffering
- Liberating repressed anger
- Escaping pain through addiction
- Unraveling the mystery of our existence
- Our need to avoid difficult feelings
- Flight or fight
- Bringing the story to consciousness
- Expression of anger towards father
- Difficulty trusting men
- Lessons around control
- Loved then abandoned and
- Fear of nothingness

MMR 15 Part 4: Thursday Evening

Leonard begins by inviting questions and sharing.

Other topics:

- Responding to responsibilities for children
- Meditation on deepening into Presence
- Story of failure and aloneness
- Imprisoned within my story
- Nurturing the inner child
- I am from your future and I am here to rescue you and
- Love arising from Presence is Infinite

MMR 15 Part 5: Friday Morning

Leonard begins by inviting questions and sharing.

Other topics:

- The headache has a message
- Dialogue with the ego
- Right relationship with the ego
- How we can create our pain and conflict
- Challenges on the journey of awakening
- Our true home
- Substitute needs
- Our true and original need
- Belief in lack and
- Abundance is already here in this moment

MMR 15 Part 6: Friday Afternoon

Leonard begins by inviting questions and sharing.

Other topics:

- Sharing my truth
- Awakening to The Truth
- I love you because I am love
- Meditation on The Homecoming
- End of the road
- Feeling God's love within
- Come follow me into the present moment
- The Promised Land
- Redeemers of Oneness and Revealers of Heaven on Earth
- The Truth abides within
- Empowered inner child
- Resistance to letting go
- Responsible expression of anger towards father
- Begging for love, acceptance and approval and
- Slowly, slowly we awaken

MMR 15 Part 7: Friday Evening

Leonard begins by inviting questions and sharing. Other topics:

- I don't deserve to be here
- Seeking love and approval
- Begging to get needs met
- Wanting to be loved and seen by parent
- Healing repressed anger and hurt
- Needing parent just to be here
- Expressions of gratitude
- Giving power away
- Review of the two-step path
- Fixing yourself is a form of judgment
- Presence as the first priority in your life
- Story of Abraham
- Need to be yourself and
- Accepting the present moment as it is

MMR 15 Part 8: Saturday Morning

Leonard begins this session with a longer silence, and guides longer periods of silence during this morning. Other topics include:

- Playing music from silence
- Expressions of Gratitude
- Suffering is created through mind
- Revealing judgments
- Heaven on Earth is an instant away
- Headache has a message
- Right relationship with whatever shows up
- No longer abandoning Presence because of pain
- Trying to be perfect
- Aloneness of the inner child
- Healing inner child with a parent
- Overly responsible in life
- Self-acceptance
- Inner child meditation
- Presence arising from within nurtures the inner child
- Our true past and true future
- Living in the truth revealed moment to moment
- Energy of Presence can flow through human unconsciousness
- Grieving death
- Nothing is ever born nor dies but just changes form and
- Deepening Presence flows to other family members

MMR 15 Part 9: Saturday Afternoon

Leonard begins by inviting questions and sharings. Other topics include:

- Entangled in seeking love from parent
- Experiences with the inner child
- Ego's resistance to Presence
- Meditation, Completion and forgiveness with our parents
- Releasing judgment
- Confessing need to speak out and be heard
- Center of your Being
- What is enlightenment?
- The soul's mistake
- Incarnation of the soul
- Sharing Heaven on Earth with parents
- Awakening includes both ascent and descent into the Center
- Who is seeing the images and visions?
- God at the Heart of Silence
- A new day dawning for human awakening
- The experience of Grace
- True mirror of Existence
- The ego surrenders to the True Master and
- Awakening is not for you

MMR 15 Part 10: Saturday Evening

Leonard begins by inviting questions. Other topics include:

- Expressing the feeling of shame
- Past life experience around violence
- Ego's resistance to Presence
- Dialogue with the ego
- New job for the ego
- The ego meditation
- Ego's motivational strategies
- What happens to the ego when our body dies?
- Right relationship with the ego
- Distinction between mind and ego
- Confession by the ego
- You are not ready
- Source of the words
- Feeling powerless
- Expressing from true power
- Our need to understand
- Ego's job of protection and
- Expressions of gratitude

MMR 15 Part 11: Sunday Morning Closure

Leonard begins this closing session of the retreat with an invitation to ask any questions, attend to unfinished matters, as well as share expressions of love and gratitude.

Other topics:

- Many expressions of love and gratitude
- Repentance and healing of past abuse
- True nature of love
- Unique expressions of the One Being
- Presence meditation
- Opportunity for the full awakening of human consciousness
- Prayer of welcoming and inclusion and
- Guidance for going back home from the retreat